

Seeing the Big Picture

A Vision for How To Experience Community Wellness in Mitchell and Yancey Counties

To change the impact of substance misuse and addiction in Mitchell and Yancey Counties, contributions of many different types are necessary. Many people in both counties have identified areas for intervention that are valuable. With community-wide involvement, it is possible to grow the fruits of the green circles and allow this vision of community wellness to thrive.

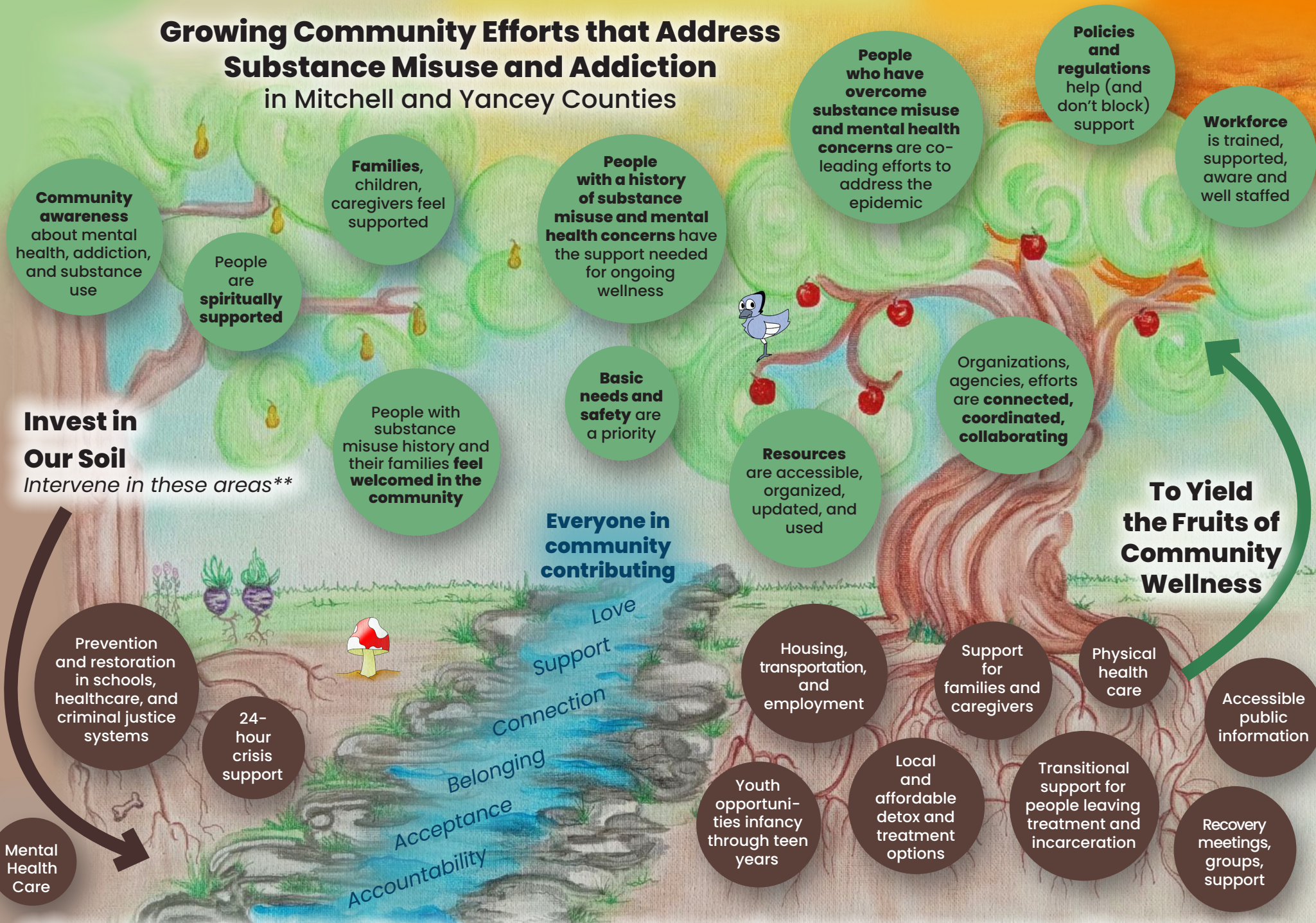
How to use this visual: In the image on the following page, all the words in the soil (brown) are specific areas that require intervention, investment of resources and community effort. Some of these areas require funding and other tangible resources. Others are things that anyone in the community can contribute to for no cost. There is no one right or best place to invest. Action is needed in all these areas, and many things (big and small) must be tried.

- Look at the brown and green circles - Where can you (as an individual or as part of government, an organization, or a community group) contribute?
- Look at the whole image to see all the pieces of the puzzle that require attention.

Two local artists created the art for the visual. **Jennifer Haun** painted the background scene, Rooted in Recovery, and **Joslynn M. Allen**, a local teenager, created the bird and mushroom. Both of their families have been personally impacted by the opioid epidemic.

Note: This visual was created through broad community input from a 10-month community learning process around substance use in Mitchell and Yancey Counties in 2023-2024. More details about actions that can be taken and existing efforts in each of the intervention areas can be found in the share back report, available through Mitchell and Yancey County government websites or staff.

Growing Community Efforts that Address Substance Misuse and Addiction in Mitchell and Yancey Counties



Stigma-free and culturally-aligned prevention, early intervention, treatment, recovery, and harm reduction.

***Community efforts in many of these areas already exist in both counties.
Building on these efforts is essential to address the unmet needs that still exist in all of these areas.*