



2024

Summer Resource Guide

Your guide to family-friendly summertime fun in
Mitchell and Yancey Counties

Provided by:

mitchell / yancey
substance abuse task force
a program of path 

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Dear Families,

Do your kids sit around the house complaining they have nothing to do in the summer? Do you struggle to find affordable and fun summer activities for your children? Do you run out of ways to keep your kids entertained in the summer? Then this guide will make your summer better!

Our community has many FREE or low-cost family-friendly activities throughout the summer and the Summer Resource Guide has all the details! In this guide, you will discover summer activities from a variety of local organizations – and there are enough activities to keep your children busy, engaged, and having fun all summer long.

The best part about your children being involved in community summer activities is that they not only keep kids from being bored, but also help them build stronger family relationships, learn social skills, establish positive connections to their community, and build relationships with other caring adults outside of the family. These relationships and skills gained through community activities help children to be healthier, happier, and more successful as they grow.

We hope you will find this Summer Resource Guide to be useful as you make plans for summer! For more community information and resources, check out our website at: pathwnc.org. And remember... the Yancey Transportation Authority (682-6144) or Mitchell Transportation Authority (688-4715) are **happy to help with transportation needs during the summer months.**

Best wishes for an amazing summer,

Your Friends at PATH

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COMMUNITY EVENTS

2024 SIZZLIN' SUMMER SERIES

All Sizzlin' Summer Series events are **FREE!** Activities will take place on Saturdays in the Burnsville Town Square from 10 am to 12 pm unless otherwise indicated. Updates and additions will be posted at pathwnc.org and facebook.com/pathwnc.



June 1st – Fit Family Obstacle Course | The Fit Family Obstacle Course, hosted by MCHP, promises to be a fun-filled event for all ages. With exciting activities like an inflatable obstacle course, hula hooping, dizzy bat, and water balloon target throwing, attendees are sure to have a blast while staying active and healthy. The event is a great opportunity for families to bond and make memories together while promoting a healthy and active lifestyle. There will also be a REFIT® exercise class and the AMY Regional Library Bookmobile will be there. (Sponsored by Mountain Community Health Partnership)

June 8th – Move Your Body with YCHD | Come join the fun with YCHD! There will be gentle yoga for all ages, an obstacle course for kids, face paint, and yard games like cornhole and more! There will also be a REFIT® exercise class and the AMY Regional Library Bookmobile will be there. (Sponsored by Yancey County Health Department)

June 15th – Variety Entertainer and Cornhole Tournament | Come out to the Town Square for an adventure with variety entertainer Mark Lippard. The program will begin with Mark performing comedy, juggling, and trick unicycling. He invites lots of audience participation! When his performance is over, he will rove among the crowd on his unique unicycles or maybe on his stilts! Library staff will be present with information and will pass out free books for children. Learn how to play cornhole with Habitat for Humanity. The AMY Regional Library Bookmobile will also be there! (Sponsored by the AMY Regional Library and Habitat for Humanity)

June 22nd – Reading is Alive: Tricky, Tricky Trickster Tales *9:30 am-12 pm* | Parkway Playhouse and Attic Salt Theatre Company presents their **FREE** kid-friendly play, "Tricky, Tricky Trickster" performed by professional actors, a **FREE** craft activity by Penland School of Crafts before the show, and a **FREE** book for children while supplies last! The play starts at 10 am. (Sponsored by Parkway Playhouse)

June 29th – Rainbow Fish Story Trail | Enjoy a story trail around the square featuring the book “Rainbow Fish” at each stop your child will enjoy hands on activities and games centered around the nature of sharing and caring for others. Each child will receive their very own copy of the “Rainbow Fish” and have an opportunity to paint rocks and spread kindness, as well as learn about the native fish in the area. Please come and share in all the fun activities and special surprises in store! (Sponsored by Blue Ridge Partnership for Children)

July 6th – Lotería and Lawn Games | Pisgah Legal Services is back again this year with more fun and games. This year, they are cohosting with Toe River Project Access. Learn about different programs and services while we feature some of their staff’s favorite childhood games. Decorate your own Lotería Board and then play Lotería with your handmade game board. Lotería is a Latin game similar to Bingo. Or you can master your gameplay with some large yard games, featuring Connect Four, Checkers, and Hopscotch. Balloons and bubbles will be provided to the first 100 participants, along with other fun giveaways! (Sponsored by Pisgah Legal Service in collaboration with Toe River Project Access)

July 13th – Exploring Nature with 4-H and NCWRC | Bring the whole family and join 4-H for a morning exploring nature through crafts, games, hands-on activities, and more! Get your hands dirty while learning about plants and animals with planting seeds, exploring scat, tracks, furs and more! Plus enjoy the AMY Regional Library Bookmobile! (Sponsored by Yancey County 4-H and the North Carolina Wildlife Resource Commission)

July 20th – Climbing Tower & Home Remedies Community Clinic & CARE *10 am to 2 pm* | Join us for rock climbing on the Town Square! Whether it’s your first time climbing or you are a seasoned adventurer, experienced staff will be there to help you navigate a mobile climbing wall! Plus, experience free classes and services like acupuncture, Tai Chi, massage, and more that offer alternative ways to manage pain and stress during the Home Remedies Community Clinic. The CARE Team will host Lotería, a Latin style game similar to bingo, and Resorté, a traditional Latin American game that could be compared to hopscotch, while incorporating a rope. The AMY Regional Library Bookmobile will also be there! (Sponsored by Yancey County Government, Yancey County

Sheriff's Department, Yancey Emergency Management, the Home Remedies Program, and Community Ambassador Real Equality – CARE Team)

July 27th – Bikes and Wheels *9 am-11 am* | Bring your bike, scooter, rollerblades, trike (anything with wheels) to ride around the Square, which will be closed to vehicular traffic. Obstacle courses, races, and more fun awaits. This is a fun event for adults and kids in wheelchairs to show off their skills too! Pedal your way to a delicious smoothie while riding the “Fender-Blender” smoothie making bike! Helmets are required to participate, but there will be free take-home helmets for anyone at the helmet fitting station. Plus enjoy the AMY Regional Library Bookmobile! (Sponsored by Partners Aligned Towards Health)

August 3rd – Mount Mitchell Crafts Fair *9 am to 5 pm* | Featuring more than 200 vendors and performers. Don't miss the craft demonstrations, bluegrass and acoustic music, food vendors, and a unique selection of handmade arts and crafts from artisans across the country. (Sponsored by Burnsville-Yancey Chamber of Commerce)

August 10th – Homemade Pie, Ice Cream, and Cornhole | Come learn from THRIVE Appalachia's teen teachers how to make homemade pie and ice cream and play cornhole using boards they made in their carpentry and fine art painting groups and using bags made in their sewing classes! Plus join Appalachian Performing Arts on the Town Square for the Sizzlin' Summer community square dance! Get ready to learn some traditional southern Appalachian figures and clogging steps. Grab a partner, bring your family and friends, or come solo. You will also have the opportunity to join RHA to decorate cookies or have your face painted! The AMY Regional Library Bookmobile will also be there! (Sponsored by THRIVE Appalachia, Appalachian Performing Arts, and RHA Health Services)

August 17th – Back to School Bash *10 am to 2 pm* | The Back to School Bash is back! Celebrate the end of summer with fun inflatables, a dunking booth, food trucks, the AMY Regional Library Bookmobile, and more! (Sponsored by the Yancey County Sheriff's Department and Yancey County Schools)

30 Festival Event in the month of June in North Carolina by NC Tripping. Last year's Alien Festival was enjoyed by over 25 thousand avid Alien and UFO lovers trekking through Spruce Pine looking for Alien life forms and is the largest UFO/Alien Festival in North Carolina!

- * **Date:** June 8th, 9 am-7 pm
- * **Cost:** Outdoor general admission is FREE, indoor speaker panels require admission.
- * **Suitable for:** All ages
- * **For more info:** Visit sprucepinealienfestival.com/ email SprucePineAlienFestival@gmail.com or call (828) 688-1148.

GRASSY CREEK MINERAL & GEM SHOW PARKWAY FIRE AND RESCUE

The Grassy Creek Mineral & Gem Show offers a treasure trove of precious and semiprecious stones, crystals, fossils, and jewelry, alongside demonstrations and concessions from a range of vendors. Discover the Spruce Pine area's mineral wealth and heritage in this week-long show.

- * **Dates:** July 28th-August 4th, 10 am-6 pm
- * **Cost:** FREE
- * **For more info:** Visit grassycreekgemshow.org/

NC MINERAL & GEM FESTIVAL

The NC Mineral & Gem Show is among the oldest gem shows in the country and draws visitors from around the world to purchase jewelry, precious stones, and crystals from an impressive array of dealers. Choose from four days of shopping and exhibits, or register to tour a local mine and dig for treasure. Located at 97 Pinebridge Ave. Spruce Pine, NC.

- * **Dates:** August 1st-4th, Thursday-Saturday: 10 am-6 pm, Sunday: 12:30-5 pm
- * **Cost:** \$5 for Adults, Children 10 & under are free, some admission discounts available.

For more info: Visit ncgemfest.com/ or call (828) 765-9033.

77TH ANNUAL NC RHODODENDRON FESTIVAL IN BAKERSVILLE

The NC Rhododendron Festival draws hundreds of visitors from all over the region and features the Rhododendron Festival Pageant, the Craft Fair with food vendors, children's activities, and live music throughout

the day, as well as a classic car show, a 10K run, and two nights of street dancing. Come discover our Small-Town Mountain Paradise! For more information on the various activities, schedules, tickets and other details, visit ncrhododendronfestival.org

- * **Dates:** June 16th-18th
- * **Cost:** Admission fees vary by event, Craft Fair admission is free
- * **Suitable for:** All ages
- * **For more info:** Visit ncrhododendronfestival.org

MOUNTAIN HERITAGE '23-'24 ORIENTATION

MOUNTAIN HERITAGE HIGH SCHOOL/YANCEY COUNTY SCHOOLS

This is for rising 9th graders and any new to district transfers that are 9th through 12th grade. We will have a 4-day orientation to meet faculty staff, learn expectations for our campus/building, get a taste of course offerings and elective options, team building exercises, etc. Bus transportation will also be provided.

- * **Dates:** Visit facebook.com/HeritageCougars/ for dates
- * **Cost:** FREE
- * **Suitable for:** Rising 9th graders & "new to Yancey" 10th-12th graders
- * **For more info:** Contact Principal Daron Williams at (828) 682-6103 or daron.williams@yanceync.net.

MT. MITCHELL CRAFTS FAIR ON THE BURNSVILLE TOWN SQUARE

This two-day event draws artists, craftspeople, musicians and food vendors from North Carolina, Virginia, Tennessee and beyond. Many beautiful items for sale as well as craft demonstrations, singing, dancing, and many other events. Sponsored by the Yancey County/ Burnsville Chamber of Commerce.

- * **Dates:** August 2nd-3rd, 9 am-5 pm
- * **Suitable for:** All ages
- * **For more info:** Call (828) 682-7413 or visit yanceychamber.com

DIG IN! YANCEY COMMUNITY GARDEN

- * **Cost:** FREE
- * **Suitable for:** All ages
- * **For more info:** Contact Kavita Hardy at (828) 536-0414 or farmer@diginyancey.org or visit diginyancey.org

HARVEST SHARE

Harvest Share is a weekly pop-up no-cost fresh food market. We share fruits and vegetables grown from our gardens and local farmers. Everyone is welcome.

- * **Dates:** Wednesdays, 10 am-12 pm at the West Burnsville Baptist Church from May 29th-October

WORK TOGETHER DAYS (BLANKENSHIP)

We invite the community to join us for our weekly volunteer day at our gardens to learn about growing food, meet new friends, and practice community care. Located at 744 Blankenship Creek Rd, Burnsville, NC. Please sign up via our website to join us: diginyancey.org/join-us/.

- * **Dates:** Fridays 9:30 am-noon, starting April 19th

WORK TOGETHER DAYS AT SEEDS OF HOPE GARDEN

DIG IN! YANCEY COMMUNITY GARDEN & FIRST BAPTIST CHURCH

Together we tend 32 raised beds at our kid-friendly garden in downtown Burnsville. The vegetables we grow are donated to the food pantry at Reconciliation House. Seeds of Hope is at the First Baptist Church of Burnsville. The garden is located on Avery Street, one block north of Town Square. See our Sign Up link for the specific schedule.

- * **Dates:** Tuesdays/Thursdays/Saturdays
- * **Cost:** FREE
- * **Suitable for:** All ages
- * **For more info:** Contact Kavita Hardy at (828) 536-0414 or hardy@diginyancey.org. Or sign up online: signup.com/go/iPRnfga.

NATIONAL RIVER TUBING DAY

LOAFERS GLORY RAFTING AND TUBING

National River Tubing Day is a day to join friends and family to celebrate our nation's beautiful waterways. The United States has many incredible rivers and creeks to be enjoyed and explored. Floating and fun are highly encouraged! Get outside and on the water and enjoy the natural beauty of our great nation. Note: No other discounts or group rates will be accepted this day.

- * **Date:** Friday June 21st, 11 am-3 pm

- * **Cost:** \$15 kids 4-12, \$20 older Kids and Adults
- * **Suitable for:** Ages 4 and up
- * **For more info:** Contact Anthony Wilson at (828) 688-9290 or Funtimes@loafersgloryrafting.com or visit Loafersgloryrafting.com.

ACTIVITIES

TROUTACULAR IN SPRUCE PINE

Troutacular! is a festival and fishing tournament for children age fourteen or younger, celebrating Spruce Pine's Mountain Heritage Trout Waters designation. Volunteers are on hand, and the river will be stocked in advance, making this the perfect introduction to fishing in mountain waters.

- * **Date:** June 1st, 8 am-2 pm, Riverside Park
- * **Cost:** FREE
- * **Suitable for:** Ages 17 & under
- * **For more info:** Call (828) 765-3008 or email sprucepinelionsclub@gmail.com.

NC OUTDOOR ADVENTURES

For more information or to book a trip contact Christy Thrift at (828) 260-4505, ncoadventures@gmail.com or visit ncoutdooradventures.org.

OUTDOOR MOVIE AND COOKOUT

Outdoor movie on a big screen with a cookout. Please RSVP on the NC Outdoor Adventures Facebook page or call to RSVP so there is enough food.

- * **Dates:** June 28th, July 12th, and August 30th, 6:30 pm, movie starts around 8 pm
- * **Cost:** Event is FREE but there is a cost for food
- * **Suitable for:** All ages

TUBING/HIKING/SNORKEL/WHITewater/CLIMBING/KAYAK

NCOA has 20+ daily adventure tours for All ages and abilities. Trips run seasonally and all details and booking can be done online at ncoutdooradventures.org or by phone at (828) 260-4505.

- * **Dates:** Open year-round for seasonal trips, details online
- * **Cost:** Depends on activity chosen, locals get 10% off everything but tubing
- * **Suitable for:** Ages 3 and up

RIVER TUBING AND FLAT-WATER KAYAKING

Tubing and kayaking run hourly from 10 am-3 pm. We offer a 2hr or 4hr float option. We have single tubes, double tubes, quad tubes, fishing boats, SUPs, kayaks and more float options for our guests. Please book in advance. This helps provide guests with the best experience and limited wait times.

- * **Dates:** Memorial Day through Labor Day, Tuesday-Sunday, hourly from 10 am-3 pm
- * **Cost:** Starts at \$23
- * **Suitable for:** Ages 3 and up or 30 lbs and up

FAMILY FRIENDLY WHITEWATER TRIPS!!

Enjoy a white-water class II adventure on the pristine Toe River, the cleanest river in NC located among the Blue Ridge Mountains. NC Outdoor Adventures offers whitewater options that provide experiences for guests of All ages & experience levels with this family friendly whitewater trip! Our guides treat guests on an adventure exploring old dams, Swiss Cheese jump off boulders, surf holes, and the Penland Swim Hole. Must book at least 24 hours in advance.

- * **Dates:** April-September, 9 am, Tuesday-Sunday
- * **Cost:** \$60-78, locals get 10% off
- * **Suitable for:** Ages 5 and up

INTRO TO ROCK CLIMBING AND RAPPELLING

Climb to new heights and test your limits on the side of a cliff. Our Intro Rock Climbing days are a great way to spend time with your family, significant other, or to just go on a new adventure. Designed for anyone who wants to experience rock climbing outdoors, a climbing day with NCOA will grow your mental and physical strengths. The best part is always climbing to the summit, which will give you a feeling of accomplishment accompanied by breathtaking views that truly puts you in the moment. Advance booking required.

- * **Dates:** Daily year round but must be booked in advance
- * **Cost:** priced per group size, details online
- * **Suitable for:** Ages 7 and up

MUSIC AT THE ORCHARD SERIES

ORCHARD AT ALTAPASS

Enjoy live music is hosted at The Orchard at Altapass' pavilion. There will be a wide variety of musicians that come play and it is free for all. There will also be "heyrides" and apple picking later in the season.

- * **Dates:** Saturdays & Sundays, June 8th and through October 27th
- * **Cost:** FREE
- * **Suitable for:** All ages
- * **For more info:** Call (828) 765-9531 or visit altapassorchard.org

PLAY & LEARN

BLUE RIDGE PARTNERSHIP FOR CHILDREN PLAYGROUP

Play & Learn is a Playgroup for Children 0-5 and their caregivers. We offer play stations for learning, storytime, songs, and support for caregivers

- * **Dates:** Tuesdays 9:30 am at Spruce Pine Library, 1st and 3rd Wednesday of the month 10 am at Riverside Park Spruce Pine, Fridays 9:30 am at Mitchell County Library, 2nd and 4th Wednesday of the month at Banner Elk Park, Thursdays 9:30 am at Avery Morrison Library, Thursdays 12:30 pm at Linville YMCA
- * **Cost:** FREE
- * **Suitable for:** Birth – 5 years
- * **For more info:** Contact Sabrina Ehlenberger at (828) 729-3231, email Play@BRpartnershipforchildren.org or visit facebook.com/blueridgeplayandlearn.

AMY REGIONAL LIBRARY – YANCEY COUNTY PUBLIC LIBRARY

For more information contact Wayne Edwards at (828) 682-260, email ycpl@amyrl.org, or visit amyregionallibrary.org.

- * **Cost:** FREE
- * **Suitable for:** All ages

BUG OUT FOR ADVENTURE

Adventure is closer than you think! Come join us as we collect insects outside, do a nature scavenger hunt, and eat yummy dirt cake.

- * **Date:** June 13th at 12 pm

MAY WILDLIFE REHABILITATION CENTER

Meet some of the rescued animal ambassadors from The May Wildlife Rehabilitation center, learn about the needs of local wildlife, and the importance of conservation efforts.

* **Date:** June 13th at 2 pm

B-RAD THE KIDS MAGICIAN

B-Rad, an award-winning entertainer, will do tricks which will leave everyone wondering "how did he do that?" His magic shows are a unique "kid-friendly" blend of amazing magic and sidesplitting comedy.

* **Date:** June 17th at 11 am

SOARING THROUGH ADVENTURE

A soaring adventure of mechanics, teamwork, and candy sushi!

* **Date:** June 20th at 12 pm

READING IS ALIVE

Produced in partnership with Attic Salt Theatre, Penland School of Crafts, and the Avery-Mitchell-Yancey Libraries. Kids will make a FREE craft and receive a FREE book at the end of the show!

* **Date:** June 27th at 11 am

ADVENTURE THAT IS OUT OF THIS WORLD

Do you dream of being an astronaut? Come make your own spectroscope and launch bottle rockets.

* **Date:** June 27th at 12 pm

MUSICAL GAMES

Join us, and time will simply slip away as you immerse yourself in the joy of learning, move to the rhythm, and sing along with GoCreative.

* **Date:** July 9th at 3 pm

THIS IS THE ADVENTURE YOU ARE LOOKING FOR

We are nuts and bolts about robots! Build your own Hexbug robot and have a snack of "microchips" and juice.

* **Date:** July 11th at 12 pm

TEAM ECCO AQUARIUM AND SHARK LAB

Catch the wave of ocean exploration with Team Ecco Aquarium & Shark Lab from Hendersonville. Learn about aquatic creatures & meet some.

* **Date:** July 16th at 1 pm

ARGH YOU READY FOR ADVENTURE

Argh, matey! Let your pirate skills shine brightly as you navigate through our obstacle course with the agility of a true buccaneer!

* **Date:** July 18th at 12 pm

STORY ADVENTURES FROM NEAR AND FAR WITH MR. SAM

Local musician and storyteller, Mr. Sam, will present a variety of folktales, tall tales, traditional stories, and songs accompanying himself on banjo, guitar, and harmonica.

* **Date:** July 25th at 11 am

"IN-TENTS" ADVENTURE

Experience the fun of making smores with a DIY solar oven and learn about the various tracks left by animals.

* **Date:** July 25th at 12 pm

ADVENTURES IN ARCHEOLOGY

Adventures in archeology with Mr. Jamie.

* **Date:** August 1st at 11 am

AMY REGIONAL LIBRARY – SPRUCE PINE PUBLIC LIBRARY

For more information contact Michelle Pellersels at (828) 765-4673, emailspppl@amyrl.org, or visit amyregionallibrary.org.

* **Cost:** FREE

* **Suitable for:** All ages

MAY WILDLIFE REHABILITATION CENTER

The May Wildlife Rehabilitation Center, part of Lees McRae College, will bring some of their Animal Ambassadors to meet with families at the library.

* **Date:** June 11th at 2pm

B-RAD THE KIDS MAGICIAN

B-Rad the Kids Magician B-Rad the Kids Magician's magic show that is unique and fun for the whole family!

* **Date:** June 18th at 11 am

READING IS ALIVE! "TRICKY, TRICKY, TRICKSTER TALES"

Parkway Playhouse's Reading is Alive Program, produced in partnership with Attic Salt Theater, Penland School of Crafts, and our AMY Regional

Libraries. Arrive early to participate in making a free craft and stay to the end to receive a free book!

* **Date:** June 26th at 11 am

GOCREATIVE PROGRAMS

The GoCreative Team of Mi Amigo Hamlet and Alina Celeste offer programs for families incorporating inclusivity, bilingualism, the arts, and community.

* **Date:** July 8th at 3 pm

TEAM ECCO AQUARIUM AND SHARK LAB

Team ECCO Aquarium and Shark Lab in Hendersonville will join us to share information all about sharks. They may even bring a small live shark!

* **Date:** July 17th at 1 pm

"STORY ADVENTURES FROM NEAR AND FAR" WITH MR. SAM

Local musician and storyteller, Mr. Sam, will present a variety of folktales, tall tales, traditional stories, and songs accompanying himself on banjo, guitar, and harmonica. Stories include singing, dancing, and a ride on an imaginary train. Fun for the whole family!

* **Date:** July 22nd at 11am

AN ADVENTURE WITH VARIETY ENTERTAINER MARK LIPPARD

Mark will perform comedy, juggling, and trick unicycling, with lots of audience participation!

* **Date:** July 30th at 11 am

MOVIE NIGHT

Come watch a different movie each week and enjoy free popcorn.

* **Dates:** June 12th, June 19th, June 26th, July 10th, July 17th, July 24th at 3-4:30 pm

4-H DRIVE IN MOVIE NIGHT AT CANE RIVER PARK

YANCEY COUNTY 4-H

Join us for a trip back in time for a classic drive-in movie! Bring the whole family in the car for an evening of fun at Cane River Park. We will have games, food and of course a great family-friendly movie! All proceeds from this event will support Yancey County 4-H programs. Hot dogs, popcorn, candy, and snacks will be for sale. Open to the whole family! You do not have to be involved in 4-H to participate.

- * **Date:** June 28th-10th, gates open at 7:30 pm, movie at dusk
- * **Cost:** \$20 Per vehicle, concessions available for sale
- * **Suitable for:** All ages

DAY CAMPS

INTRODUCTION TO ART CAMP

TOE RIVER ARTS

This week-long summer camp will offer a chance to explore the basics of art with lessons and activities including drawing, painting, sculpting & weaving. This camp will take place in the Owen Gallery, upstairs at Toe River Arts in Spruce Pine.

- * **Dates:** June 10th-14th, 10 am-12 pm
- * **Cost:** \$100
- * **Suitable for:** ages 8 and up
- * **For more info:** Visit toeriverarts.org/artists/education-outreach/workshops/ or contact Alena Applerose at (828) 765-0520 or email alena@toeriverarts.org.

PENLAND KIDS CAMPS AND TEEN WORKSHOPS

For full details and registration, visit penland.org and click on the “Local” tab at the top. (828) 284-5033, email communityeducation@penland.org

IMAGINATION EXPLORATION WITH ANNA EARLY

Come together for a fun-filled week to explore the endless possibilities of art! Young artists will use familiar (and new) materials like paper, paint, and fibers. We’ll explore printmaking, painting, and dyeing/ felt work. Zoom a car across paper and make printed tracks, create your own crown or bracelet, and make masterpieces from your imagination!

- * **Dates:** June 3rd-7th, 9 am-12 pm
- * **Cost:** \$150 (includes materials)
- * **Suitable for:** Ages 4 to 7

FEAST FOR THE EYES WITH ANNA EARLY

Join us for two fun-filled weeks with a variety of materials as we explore multiple ways to make meals artistic and personal. We will hand-build cups, bowls, and plates with clay to create pieces for everyday use and enjoyment Our tableware will look fabulous atop hand-felted placemats made from wool we’ll dye together at camp. We’ll also learn some printmaking techniques to make tea towels or napkins. At the end of our session, let's celebrate by setting our places and feasting together!

- * **Dates:** June 3rd-7th and 10th-14th, 1:30-4:30 pm
- * **Cost:** \$250 (includes materials)
- * **Suitable for:** Ages 7 to 10

DIORAMAS, PAPER PUPPETS, AND MASKS WITH LORI BROOK JOHNSON

Do you like to draw, build worlds, and create characters? Join us for a week filled with dioramas, paper puppets and paper masks. We will make our own characters from the ground up through drawing and paper cutting. These characters will exist in an environment we create for them in the form of a diorama. These imaginary people, creatures and/or animals will then take other forms through paper puppets and paper masks. Time will then be given to act out a short play we write for our creations.

- * **Dates:** June 17th- 21st, 9 am-12 pm
- * **Cost:** \$150 (includes materials)
- * **Suitable for:** Ages 6 to 9

COMICS AND COLORED PENCILS WITH SAMANTHA KIRK

Join us this summer and bring your best ideas for comic books and storytelling with colored pencils. Campers will spend time brainstorming and developing their ideas while practicing colored pencil and drawing skills. We will then fold paper “Zines” (or small paper books), and students will bring their stories to life!

- * **Dates:** June 17th- 21st, 1:30-4:30 pm
- * **Cost:** \$165 (includes materials)
- * **Suitable for:** Ages 9 to 12

DYEING TO SEW WITH BAILEY KNIGHT

Experiment with traditional dye techniques that use natural dyes, like the plant indigo and the cochineal bug, to decorate cloth with your own personal touch. Later in the week, we will follow a simple sewing pattern to create an innovative shirt out of our experimental cloth. Wearing clothing dyed with natural dyes can remind us that we are also a part of the natural world!

- * **Dates:** June 24th-28th, 9 am-12 pm
- * **Cost:** \$150 (includes materials)
- * **Suitable for:** Ages 9 to 12

LEARN TO TURN WITH WYATT SEVERS

In this class students will learn all about wood turning and all the ways it is used in our lives. Starting with making personalized mallets to fit our grip, we will learn the different processes of creating shapes in woodturning. With these skills each student will create their very own stool. Students will design and make unique legs through spindle turning. Students will also learn to make and use a wedged, mortise and tenon joint for attaching the legs, creating a one-of-a-kind piece of furniture to use in everyday life. Throughout this process, students will also have the opportunity to discuss and make their own small projects. We will cover techniques of painting, using stenciling, mask and layering, and distressed sanding.

- * **Dates:** July 1st-5th, 9 am-12 pm
- * **Cost:** \$200 (includes materials)
- * **Suitable for:** Ages 8 to 10

INSECTS IN ACTION WITH CHRISTINE HENRY

We'll combine art, stories, music, and movement to create a fun and educational experience that's all about insects. We'll make wearable wings and playful puppets while learning about beetles, butterflies, and bugs!

- * **Dates:** July 8th-12th, 9 am-12 pm
- * **Cost:** \$145 (includes materials)
- * **Suitable for:** Ages 4 to 7

APPALACHIAN FOLK ARTS WITH SAM MAREN

Discover the traditional Appalachian arts of hand-tool woodworking: making folk instruments and wooden toys, as well as folk singing and storytelling. We'll make and play a four foot tall stump fiddle, a waddling duck, a mouth bow and more, as well as engage in storytelling and singing based on traditional Appalachian themes. Come enjoy the Jack Tales, Uncle Remus, tall tales, and folk songs!

- * **Dates:** July 8th-12th, 1:30-4:30 pm
- * **Cost:** \$150 (includes materials)
- * **Suitable for:** Ages 9 to 12

FROM IMAGINATION TO CLAY CREATION WITH HANNA TRAYNHAM

In this course we will imagine, draw, and create clay sculptures using slab and coil building methods! You can create sculptures inspired by real life or from your imagination! We will learn several ways to design our

surfaces by adding pattern, texture, carving, and sgraffito. This is your chance to allow your imagination to come to life and learn how to build with clay!

- * **Dates:** July 15th-19th and July 22nd-26th, 9 am-12 pm
- * **Cost:** \$260 (includes materials)
- * **Suitable for:** Ages 6 to 10

WHEEL THROWING FOR BEGINNERS WITH HANNA TRAYNHAM

Have you ever wanted to throw pottery on the potter's wheel? Come get your hands dirty in this beginning workshop where you can design and create a full set of functional pottery. We will cover techniques such as adding handles and spouts, building up textures, and sgraffito carving. Add your personal touch with colorful glazes and alternative firing practices!

- * **Dates:** July 15th-19th and 22nd-26th, 1:30-4:30 pm
- * **Cost:** \$280 (includes materials)
- * **Suitable for:** Ages 11 to 14

THE CHALLENGE OF THE WHEEL WITH CYNTHIA BRINGLE

In this intensive skill-focused workshop, students will observe demonstrations of wheel throwing techniques and then practice those techniques with one-on-one consultation with the instructor. Initial skill development will focus on centering, pulling the clay up, and creating walls of equal thickness. For students who are ready, more advanced forms will be explored. This workshop is focused on developing throwing skills and creating forms with direct instruction. We will not do any firing or make finished pieces. Some experience with wheel throwing will be helpful, but is not required.

- * **Dates:** June 22nd-23rd, 9:30 am-5 pm
- * **Cost:** \$280 (includes materials)
- * **Suitable for:** Ages 13 to 17

THRIVE APPALACHIA CLASSES

For more information and to sign up contact Pana Columbus at (828) 559-5840, email pana@thriveappalachia.org or visit thriveappalachia.org. For Spanish speakers, contact margaritamadrigal43@gmail.com.

VIVA APPALACHIA

Viva Appalachia teaches youth how to make authentic homemade Mexican tortillas and gorditas and then sells them on Tractor's CSA website each week. Kids make all the proceeds from the sales! This class is taught by Yolanda Tapia, a local Mexican cook. This class is for Spanish-speaking kids, Spanish-learning kids, and kids who want to learn Spanish!

- * **Dates:** Tuesdays 4-6 pm, on-going
- * **Cost:** FREE
- * **Suitable for:** Ages 12 to 18

KIDS CAFE

Kids Cafe builds upon our successful 2023 Jam n' Pie Program in which teens make pies purchased from local fruit and sell them on Tractor's CSA website each week. This year, our kids are expanding their culinary adventure into international cuisine! Kids are making dishes from around the world including spanakopita, crepes, and injera. Kids make all the proceeds from the sales and meet monthly with a financial coach from On Track Financial, who helps them create and meet their financial goals!

- * **Dates:** Wednesdays 3:30-7 pm, on-going
- * **Cost:** FREE
- * **Suitable for:** Ages 12 to 18

APPALACHIAN GOOD WOOL PROJECT

Appalachia Good Wool Project is an on-going weekly sewing class for kids who are into fashion! We meet in our sewing workshop behind Grapevine Clothing Store making our fashion line of clothing made from local sheep and alpaca fleeces. Kids start by making bean bags for corn hole games, then aprons, then practice jackets, then they get to make jackets that will be sold at our fashion show September 7th. Kids make all the proceeds from the sales of the jackets!

- * **Dates:** Thursdays 4-6 pm, on-going
- * **Cost:** FREE
- * **Suitable for:** Ages 12 to 18

SUMMER CAMPS BY PARKWAY PLAYHOUSE

For more information about the camps listed below, or to register, visit parkwayplayhouse.com/outreach/parkway-playhouse-junior/summer-camp or email deo@parkwayplayhouse.com

MUSICAL THEATRE INTENSIVE CAMP

Performers will be immersed in all aspects of musical theater during this fun, week-long intensive. Daily classes in acting, voice, and dance will focus on building a character through monologue and song as well as honing dance technique while learning exciting choreography. The week will culminate with a cabaret-style performance for family and friends featuring individual and ensemble scenes, songs, and dances. This class is recommended for those who have had stage experience and wish to further develop their talent, technique and confidence. Students should come prepared with a 1-2 minute monologue as well as a song from a musical (Broadway, Film, or TV).

- * **Camp dates:** June 3rd-7th, 10 am-4 pm
- * **Performance dates:** July 21 & 22 at 6:30 pm
- * **Cost:** \$200
- * **Suitable for:** Ages 12 to 18

ARISTOCATS, KIDS PRODUCTION CAMP

Based on the beloved Disney animated film, and featuring a jazzy, upbeat score, Disney's The Aristocats KIDS is a non-stop thrill ride of feline fun, complete with unbelievable twists and turns. In the heart of Paris, a kind and eccentric millionairess wills her entire estate to Duchess, her high-society cat, and her three little kittens. Laughs and adventure ensue as the greedy, bumbling butler pulls off the ultimate catnap caper. Now it's up to the rough-and-tumble alley cat, Thomas O'Malley, and his band of swingin' jazz cats to save the day.

- * **Camp dates:** June 10th-21st, 9 am-12 pm
- * **Performance dates:** June 21st at 6:30 pm; June 22nd at 2:30 pm
- * **Cost:** \$225
- * **Suitable for:** Ages 5 to 9

FROZEN, JR PRODUCTION CAMP

A story of true love and acceptance between sisters, Frozen, JR expands upon the emotional relationship and journey between Princesses Anna and Elsa. When faced with danger, the two discover their hidden potential and the powerful bond of sisterhood. With a cast of beloved characters and loaded with magic, adventure, and plenty of humor, Frozen, JR is sure to thaw even the coldest heart!

- * **Camp dates:** July 8th-19th, 9 am-12 pm

- * **Performance dates:** July 19th and 20 at 6:30 pm; July 21st at 2:30 pm
- * **Cost:** \$300
- * **Suitable for:** Ages 10 to 18

DINOSAUR DISCOVERY CAMP

Rawr! Do you have a little one who LOVES dinos? This creative play camp will take them on an adventure...back in time! Kids will make crafts, sing songs, and discover dinosaurs while having fun!

- * **Camp dates:** July 22th-26th, 9 am-12 pm
- * **Cost:** \$120
- * **Suitable for:** Ages 5 to 9

LIGHTS UP ON LITERACY CAMP

Lights up on Literacy is a mini-camp open to elementary-aged children, with a focus on creating a lifelong love of reading! Taught by Julie Thomas, a veteran Kindergarten teacher with 19 years of experience, children will bring stories to life through acting, costumes, props, and play, while developing reading skills!

- * **Camp dates:** July 29th-August 2nd, 9 am-12 pm
- * **Cost:** \$120
- * **Suitable for:** Ages 5 to 9

SUMMER CAMPS AT EARTH TO SKY PARK

For more information call the Yancey Learning Center at (828) 682-7315 and to sign up for the class.

TELESCOPE AND ASTRONOMY 101 CAMP (EARTH TO SKY CAMPUS)

Come spend 3 days learning about all Space Exploration with 2 of our Astronomers here at Mayland Earth to Sky Park! Campers will learn all about different types of telescopes and how to use them, tour our Bare Dark Sky Observatory, and watch a NASA film all about the different telescope space missions and current technologies we use to explore our universe! Kids will also get to take a tour of the night sky in the Arthur Planetarium and learn about the most powerful space telescope ever built through our live and interactive James Webb Space Telescope program that comes directly from the U.S Space and Rocket Center! A mid-morning snack will be provided.

- * **Dates:** June 12th-14th, 9 am-12 pm

- * **Cost:** \$90
- * **Suitable for:** Ages 13+

EARTH TO SKY PARK JUNIOR EXPLORERS

Summer is just around the corner and children can come be an Earth to Sky junior explorer. From the ground to the stars that abound, there is so much around! Children will have the opportunity to combine outdoor learning, science, and the arts while learning about a variety of different nature topics that are sure to put some a stop to that summer drain brain! Join our Earth to Sky camp instructors for a three-day camp conducting ecological and geological explorations of the Park. Go on a scavenger hunt for different plant and animal species, learn how to track animals, navigate with and without a compass and go on a treasure hunt using skills that you learn! Campers will need to wear appropriate clothes to be outside, closed toe shoes, bring sunscreen, and a water bottle. A mid-morning snack will be provided.

- * **Dates:** July 9th-11th, 9 am-12 pm
- * **Cost:** \$90
- * **Suitable for:** Ages 10 to 13

JUNIOR SPACE RANGER CAMP

Junior Space Rangers will craft upcycled rocket filled jet packs, cardboard space shuttles and space helmets to explore the solar system in the Arthur Planetarium and Earth to Sky Park classroom. Jr. Space Rangers will watch kid friendly STEAM programming in the Planetarium and learn about space travel, the moon, planets, and the cosmos. Campers need to wear closed-toe shoes and bring a water bottle. A mid-morning snack will be provided.

- * **Dates:** July 16th-19th, 9 am-12 pm
- * **Cost:** \$175
- * **Suitable for:** Ages 6 to 11

SUMMER CAMPS AT MAYLAND COMMUNITY COLLEGE – YANCEY CAMPUS

For more information call the Yancey Learning Center at (828) 682-7315 and to sign up for the class.

BE A HERO, BECOME A FIREFIGHTER FOR A DAY (4 HOURS)

Learn what it takes to be a firefighter. Students will learn about protective fire gear, safety tips, and get to check out a fire truck.

- * **Dates:** June 18th, 1-5 pm
- * **Cost:** \$30
- * **Suitable for:** Ages 6 to 11

BE A HERO: BECOME A PARAMEDIC (2 HOURS)

Join Mr. Tony Cook as he introduces students to the world of EMS. Students will get a close-up look at the day-to-day operations of an EMT/Paramedic Professional. Students spend time looking at an ambulance and getting in the back of our brand-new ambulance classroom simulator. Students will work their way through a simulated EMS call and do actual skills on the High-Fidelity Mannequin. If your dream is to be a Paramedic, then you don't want to miss this!

- * **Dates:** June 20th, 12-2 pm
- * **Cost:** \$20
- * **Suitable for:** Ages 6 to 10

BEGINNER HIP HOP (2 HOUR)

Join our dynamic youth beginner hip hop class! We'll learn funky moves and grooves while building confidence. Each day we'll master exciting choreography. Limited to 15 kids per class. Get ready to dance your heart out!

- * **Dates:** June 18th and 20th, 9-10am
- * **Cost:** \$35
- * **Suitable for:** Ages 7 to 11

BEGINNER HIP HOP (3 HOUR)

Join our dynamic youth beginner hip hop class! We'll learn funky moves and grooves while building confidence. Each day we'll master exciting choreography. Limited to 15 kids per class. Get ready to dance your heart out!

- * **Dates:** June 18th, 19th, & 20th, 10:30-11:30 am
- * **Cost:** \$50
- * **Suitable for:** Ages 12 to 17

BEGINNER HIP HOP (2 HOURS)

Join our dynamic youth beginner hip hop class! We'll learn funky moves and grooves while building confidence. Each day we'll master exciting choreography. Limited to 15 kids per class. Get ready to dance your heart out!

- * **Dates:** July 9th & 11th, 9-10 am
- * **Cost:** \$35
- * **Suitable for:** Ages 7 to 11

BEGINNER JAZZ FUNK (2 HOUR)

This dynamic fusion of hip-hop and jazz, also known as Street-Jazz, will groove your socks off. Get ready to learn a new choreography in a fun-filled environment and dance your heart out! Limited to 15 kids per class.

- * **Dates:** July 9th & 11th, 10:30-11:30 am
- * **Cost:** \$35
- * **Suitable for:** Ages 10 to 16

SUMMER CAMPS AT MAYLAND COMMUNITY COLLEGE-MITCHELL CAMPUS

For more information call the Mitchell Learning Center at (828) 766-1291 and to sign up for the class.

BE A HERO: BECOME A PARAMEDIC (2 HOURS)

Join Mr. Tony Cook as he introduces students to the world of EMS. Students will get a close-up look at the day-to-day operations of an EMT/Paramedic Professional. Students spend time looking at an ambulance and getting in the back of our brand-new ambulance classroom simulator. Students will work their way through a simulated EMS call and do actual skills on the High-Fidelity Mannequin. If your dream is to be a Paramedic, then you don't want to miss this! (Register early space is limited to 10 students).

- * **Dates:** June 12th, 1-3 pm
- * **Cost:** \$20
- * **Suitable for:** Ages 6 to 10

APPALACHIAN PERFORMING ARTS

For more information visit appalachianperformingarts.com or contact Miss Madison Casteel at appalachianperformingarts.staff@gmail.com. Sibling discounts are available. Check us out on Facebook and Instagram!

PRINCESS PARTY KINDERDANCE CAMP

Join us for 5 fun days of dance class, special crafts, fun games, and princess surprises, themed after some of your favorite storybook and movie characters. Participating princesses and princes will learn Ballet, Tap, Jazz, Clogging, and Acrobatics. There may even be some special visitors from some of your favorite fairytales! Bring a snack, water bottle, and wear comfortable athletic clothing. Dress-up clothes and dance shoes are also encouraged and welcomed, but not required!

- * **Date:** June 10th-14th, 9 am-12 pm
- * **Cost:** \$160
- * **Suitable for:** Ages 5 to 6

LITTLE DANCERS PRINCESS PARTY

Join us for an hour long Princess Party at the studio! This program will include a dance class session, fun games, and a special craft, themed after some of your favorite fairytale and movie characters. Stay active, make friends, and have fun! Bring a water bottle and wear comfortable, athletic clothing. Dress up clothes are also welcomed!

- * **Date:** June 11th, 2-3 pm
- * **Cost:** \$20
- * **Suitable for:** Ages 3 to 4

FIRST STEPS PRINCESS PARTY

Calling all little princesses and princes to join us for this fun, themed dance session! Fun, simple dance instruction geared toward our youngest age group. Child-friendly music and activity. Stay active, make friends, have fun! A great intro to dance class! Bring a water bottle and wear comfortable, athletic clothing. Dress up clothes are also welcomed! *Each participant must have a designated adult join them inside the studio.*

- * **Date:** June 13th, 2-2:30 pm
- * **Cost:** \$15
- * **Suitable for:** 2 years and up

LITTLE DANCERS FROZEN FUN

Join us for an hour of FROZEN FUN at the studio! This session includes a dance session, games, and a craft - all themed after your favorite frozen characters! Make friends, stay active, and have fun! Bring a water bottle and wear comfortable, athletic clothing. Dress up clothes are also welcomed, and dance shoes are encouraged but not required.

- * **Date:** June 27th, 10-11 am
- * **Cost:** \$20
- * **Suitable for:** Ages 3 to 4

FIRST STEPS FROZEN FUN

We are excited to invite YOU to join us for this fun, themed dance session! Fun, simple dance instruction geared toward our youngest age group. Child-friendly music and activity - a great intro to dance and themed after our favorite frozen characters! Bring a water bottle and wear comfortable athletic clothing. Dress up clothes are also welcomed, and dance shoes are encouraged but not required. *Each participant must have a designated adult join them inside the studio.*

- * **Date:** June 27th, 12-12:30 pm
- * **Cost:** \$15
- * **Suitable for:** Ages 2 and up

LITTLE DANCERS BARBIE PARTY!

Hey Barbies! We invite YOU to join us for an hour of Barbie fun at the studio! This hour includes: A dance class session, a craft, fun games, and surprises! Make friends, stay active, and have fun! Bring a water bottle and wear comfortable, athletic clothing. Participants are also welcome to dress up. Dance shoes are encouraged, but not required.

- * **Date:** July 1st, 2-3 pm
- * **Cost:** \$20
- * **Suitable for:** Ages 3 to 4

FOREST FROLIC KINDERDANCE CAMP

We invite you to join us for 5 fun days of forest frolic adventure! Each three hour day includes dance class sessions, a craft, fun games, and special surprises, themed around fairies, forests, flowers, woodland creatures, and outdoor mountain adventure. Dance sessions will include: ballet, tap, jazz, clogging, and acrobatics. Bring a snack and waterbottle,

and wear comfortable athletic clothing. Dress up is also welcomed, and dance shoes are encouraged, but not required.

- * **Date:** July 22nd-26th, 9 am-12 pm
- * **Cost:** \$160
- * **Suitable for:** Ages 5 to 6

LITTLE DANCERS TEDDY BEAR PICNIC

Join us for an hour long session at the studio, and bring along your teddy bear! This special event will include a dance class session, special games and activities, and a craft. Teddy bears will be invited to join us for all activities! Make friends, stay active, and have fun! Bring a water bottle and wear comfortable athletic clothing or dance clothing.

- * **Date:** July 25th, 2-3PM
- * **Cost:** \$20
- * **Suitable for:** Ages 3-4

FIRST STEPS TEDDY BEAR DANCE

Grab your teddy bear and join us for this special event, geared toward our youngest age group! This 30-minute class will include dance, beginner ballet, and fun activities. Your teddy is invited to participate in it all! Bring a water bottle and wear comfortable athletic clothing. *Each participating is required to have a designated adult at the studio during this session.*

- * **Date:** July 26th, 2-2:30 pm
- * **Cost:** \$15
- * **Suitable for:** Ages 2 and up

LITTLE DANCERS BLUEY PARTY

We invite YOU to join us for our Little Dancers Bluey Party! This hour long event includes a dance session, special games and activities, and a craft - all themed after our favorite pups! Stay active, make friends, and have fun! Bring a water bottle and wear comfortable athletic clothing. See you there!

- * **Date:** July 29th, 10-11 am
- * **Cost:** \$20
- * **Suitable for:** Ages 3 to 4

FIRST STEPS BLUEY DANCE

A fun dance party, geared toward our youngest age group! This session includes recreational dance, beginner ballet, fun activities, and surprises.

Music and activities will be themed after our favorite pups! Bring a water bottle and wear comfortable athletic clothing. *Each participant is required to have a designated adult join them at the studio for this session.* See you there!

- * **Date:** July 29th, 12-12:30 pm
- * **Cost:** \$15
- * **Suitable for:** Ages 2 and up

DANCE AND KARATE EXPRESS

Dance and Karate Express, 605 W. US Hwy 19E, Burnsville. Contact Cindy at (828) 808-2845 or (828) 682-1493 for more information.

FAIRY PRINCESS CAMP

Fairy Princess Camp includes Princess Dress-up, Fashion Shows, Tea parties, Hair and Nail spa day, Treasure hunts, Dance and music parties, Arts and crafts. Games and Legos. Lots of Fun!! Snacks are provided.

- * **Dates:** Monday through Friday, Week #1 - June 24th-28th, Week #2 - July 22nd-26th, 9 am-12 pm
- * **Cost:** \$105 per week
- * **Suitable for:** Ages 3 to 9

NINJA TURTLE/ SPIDERMAN/ LEGO CAMP

Ninja Turtle/ Spiderman / Lego Camp includes Ninja Training, Obstacle courses, Lego building, Arts and Crafts, Fort building, Snowball Fights, Treasure Hunts. Crazy Fun!! Snacks are provided.

- * **Dates:** Monday through Friday, Week #1 - June 24th-28th, Week #2 - July 22nd-26th, 9 am-12 pm
- * **Cost:** \$105 per week
- * **Suitable for:** Ages 3 to 12

QUILT & CODE

Dance and Karate Express, 605 W. US Hwy 19E, Burnsville. Contact Cindy at (828) 808-2845 or (828) 682-1493 for more information.

ROBOTICS CAMP

Designed for younger (and older) robotics students, campers will design and program robots to complete a variety of challenging activities

including drawing, playing golf, and sumo bots. Camp includes robots and supplies for use during camp as well as a snack.

- * **Dates:** June 17th-21st, or July 1st-5th , 1:30- 4:30 pm
- * **Cost:** \$175
- * **Suitable for:** Ages 6 and up

QUILT CAMP

Campers will learn a the basics of piecing a quilt top. Students will learn cutting, reading instructions, sewing machine skills, and sewing safety. Campers will complete their quilt top during the 5 day camp and their top will be machine quilted so that they can return the following Saturday to bind and label their finished quilt. All supplies and snacks included.

- * **Dates:** June 17th-24th, 9 am-12:30 pm
- * **Cost:** \$250
- * **Suitable for:** Ages 9 and up

SEWING CAMP

Campers will have options for designing clothes, home decor items, or even stuffed animals. Camp includes supplies for whichever project is selected. This camp includes all supplies needed, including use of a sewing machine, and a snack each day.

- * **Dates:** July 1st-5th, 9 am-12:30 pm
- * **Cost:** \$185
- * **Suitable for:** Ages 9 and up

APPALACHIAN THERAPEUTIC RIDING CENTER CAMPS

ATRC hosts summer camps for many different groups. Horseback riding, crafts, music, and more. Scholarship help is available. Contact atrcriding@gmail.com or (828) 675-5630 (no text) for more information.

PRESCHOOL/SCHOOL READINESS CAMP

- * **Dates:** June 17th-21st, Monday-Friday, 9-10:30 am or 11 am-12:30 pm
- * **Cost:** \$150
- * **Suitable for:** Ages 3 to 5

GIRL POWER (MENTAL HEALTH)

- * **Dates:** June 24th-28th, Monday-Friday, 9 am-12 pm

- * **Cost:** \$300
- * **Suitable for:** Ages 8 to 12

LITERACY SUPPORT

- * **Dates:** July 8th-12th, Monday-Friday, 9 am-12 pm
- * **Cost:** \$300
- * **Suitable for:** Grades 2 to 5

SUPERMAN (MENTAL HEALTH)

- * **Dates:** July 15th-19th, Monday-Friday, 9 am-12 pm
- * **Cost:** \$300
- * **Suitable for:** Ages 8 to 12

BLUE RIDGE HORSE ADVENTURES

All sessions are \$475/week. We are a Western riding style facility. No previous experience required. A limited number of low-income sponsorships are available. Our program is geared towards building confidence and self-esteem, encouraging teamwork and leadership skills, and enhancing focus and emotional regulation. More information at blueridgehorseadventures.com/summer-childrens-program or contact Becky Grant at (828) 460-2165.

PONY PALS

Daily riding lessons on kid-friendly horses and ponies. Includes horse care and safety lessons both on and off the horse. Also includes movement games plus arts and crafts.

- * **Dates:** June 3rd-7th or June 24th-28th, Monday-Friday, 10 am-4 pm
- * **Suitable for:** Ages 5 to 8

RANCH AND NATURE ADVENTURE PROGRAM

Horse care, safety, and communication lessons along with 1-2 riding lessons included, but also allows time for exploration of our eco-system including forest, meadow, and wetland and how they function together on our farm. Also includes movement games plus arts and crafts.

- * **Dates:** June 17th-21st, Monday-Friday, 10 am-4 pm
- * **Suitable for:** Ages 5 to 12

JR. HORSEMANSHIP

Daily riding lessons on kid-friendly horses and ponies. Includes more in-depth horse care and safety lessons plus communication and reading the horse for cooperation. Also includes hiking, games, plus arts and crafts.

- * **Dates:** July 8th-4th or July 15th-19th, Monday-Friday, 10 am-4 pm
- * **Suitable for:** Ages 8 to 12

MIDDLE SCHOOL TEENS

Daily riding lessons available along with horse care, safety, handling and communication lessons. At this age, we're continuing to build confidence, self-esteem, leadership skills, focus, and emotional intelligence. Hiking, movement games, and arts and crafts are also included.

- * **Dates:** July 22nd-26th, Monday-Friday, 10 am-4 pm
- * **Suitable for:** Ages 12 to 14

HIGH SCHOOL TEENS

Afternoon/evening session for high schoolers. Daily riding lessons available along with horse care, safety, handling, and communication. Continuing confidence, self-esteem, leadership, focus, and emotional intelligence foundations. Exploring the future of college and/or career options.

- * **Dates:** July 29th-August 2nd, Monday-Friday, 3-9 pm
- * **Suitable for:** Ages 14 to 18

YANCEY COUNTY 4-H SUMMER CAMPS

Yancey County 4-H is excited to offer a wide variety of summer learning opportunities! Space is limited for each camp. You may register in-person at the Yancey County Cooperative Extension Office Monday-Friday, 8 am-4:30 pm. Registration is first-come, first-serve, and will not be accepted via phone or online. For more information contact Jordan English at (828) 682-6186 or email jordan_english@ncsu.edu.

4-H OVERNIGHT CAMP

Your child can look forward to a week of making new friends, swimming, crabbing on the coast, archery, kayaking, rock climbing, games, campfires, sleeping in cabins, and much more. The life skills they learn at camp, including responsibility and independence, will help them in school, when they attend college, and in their first jobs.

- * **Dates:** June 16th-21st

- * **Cost:** \$535, Scholarships available
- * **Suitable for:** Ages 8 to 12. Limited spaces are available for 13 to 14-year-olds in the Adventure and Trekker programs.

CULTURE EXPLORERS CAMP

Have you ever wondered what it would be like to travel to another country? Each day we will “visit” a new country and explore a new culture! Youth will learn about the food, language, heritage, crafts and more of multiple countries across the world!

- * **Dates:** June 12th-14th, 9 am-1 pm
- * **Cost:** \$40
- * **Suitable for:** Ages 8 to 18

EXPLORING AGRICULTURE DAY CAMP

Join us for an exploration of agriculture and how it relates to our daily lives! Youth will follow the path of our food from farm to fork, with opportunities to visit a local farm and even learn to prepare foods from that farm! This camp will involve transportation of youth. Bring a packed lunch, closed-toe shoes, and a water bottle.

- * **Date:** May 29th, 9 am-4 pm
- * **Cost:** \$15
- * **Suitable for:** Ages 8 to 18

JUNIOR MASTER GARDENER CAMP

Explore your “green-thumb” in this camp while we learn all about plants, fruits, vegetables, insects, pollinators and more! Snacks will be provided each day. This camp will involve transportation of youth. Bring closed-toe shoes and a water bottle.

- * **Dates:** June 25th-27th, 9 am-12 pm
- * **Cost:** \$30
- * **Suitable for:** Ages 8 to 18

CLOVERBUD CAMP

Open specifically to 4-H Cloverbuds (ages 5 to 8) youth will explore a variety of topics in this camp, including: cooking, nature, arts & crafts, science, and more! Snacks will be provided each day. Bring closed-toe shoes and a water bottle.

- * **Dates:** July 8th-10th, 9 am-12 pm
- * **Cost:** \$30

- * **Suitable for:** Ages 5 to 8

ADULTING 101 CAMP

Learn the basics of adulting! Topics include money management, budgeting, grocery shopping, cooking, how to write a resume, how to apply for a job and more! These topics may not be “glamorous” but are the essential life skills needed to succeed! This camp will involve transportation of youth. Bring closed-toe shoes and a water bottle.

- * **Dates:** July 15th-17th, 9 am-1 pm
- * **Cost:** \$35
- * **Suitable for:** Ages 12 to 18

SHOOTING SPORTS CAMP

Learn about firearm safety and responsibility, marksmanship and more! Youth will have opportunities to learn the disciplines of rifle, shotgun and archery. This camp will involve transportation of youth. Bring closed-toe shoes, hat, sunscreen, and a water bottle.

- * **Dates:** July 29th-31st, 9 am-12 pm
- * **Cost:** \$50
- * **Suitable for:** Ages 8 to 18

EXPLORING ECOLOGY DAY CAMP

Did you know that there is an entire ecosystem in our local rivers? In this camp, youth will get their “toes in the toe” as they explore ecology while snorkeling, and finish up the day with some river tubing! This camp will involve transportation of youth. Bring a packed lunch, closed-toe shoes, and a water bottle.

- * **Date:** August 1st, 9 am-3 pm
- * **Cost:** \$20
- * **Suitable for:** Ages 8 to 18

KNOXVILLE ZOO TRIP

Join us for a trip to Knoxville Zoo where we will “travel the world” exploring animals from Africa, Asia, and North America! This camp will involve transportation of youth. Bring closed-toe shoes and a water bottle.

- * **Date:** August 6th, 8 am-6 pm
- * **Cost:** \$20
- * **Suitable for:** Ages 8 to 18

HIGH ADVENTURE DAY CAMP

Join us for an adventure-packed day! Youth will participate in ziplining, hiking, and more! This camp will involve transportation of youth. Bring a packed lunch, closed-toe shoes, water bottle, and a backpack.

- * **Date:** August 8th, 8:30 am-5 pm
- * **Cost:** \$75
- * **Suitable for:** Ages 11 to 18

ARTIST INNOVATION PROGRAM CAMP

Yancey County 4-H is excited to offer this program in partnership with the North Carolina Museum of Art. Youth will have opportunities to meet local artists as they share their talents with them and youth get their hands dirty while learning a variety of artistic techniques! Bring closed-toe shoes and a water bottle.

- * **Dates:** August 12th-15th, 9 am-4 pm
- * **Cost:** \$20
- * **Suitable for:** Ages 8 to 18

MOUNTAIN HERITAGE HIGH SCHOOL

Contact Renee McCurry at Mountain Heritage High School for more information call (828)682-6103 or email mrmccurry@yanceync.net.

FARM TO FORK

Students will travel to a local farm to learn about growing practices and will return to Mountain Heritage to cook local produce in the afternoon. A lunch will be provided each day.

- * **Dates:** June 11th-13th, 8:30 am-2:30 pm
- * **Cost:** Free
- * **Suitable for:** Rising 7th-10th graders

BE YOUR OWN BOSS!

Have you ever wondered what it would be like to start your own business and be your own boss? Or have you had a great idea for a product or service? At this entrepreneurship camp, you will learn how to take your idea for a product or service and make money! You will also learn if you have what it takes to start your own business. This will be a 3 day, hands-on, interactive camp where you will learn if you have what it takes to be a small business owner. We will also take a field trip to explore some of

Burnsville's small businesses and hear first-hand how they started their businesses. Lunch will be provided each day.

- * **Dates:** July 22nd-24th, 9 am-2:30 pm
- * **Cost:** Free
- * **Suitable for:** Rising 7th-10th graders

APPALACHIAN YOUTH TO YOUTH SUMMER EXPERIENCE WILLIAMS YMCA OF AVERY COUNTY AND PATH

The first ever Youth to Youth day camp, designed to give middle-schoolers a condensed, action-packed experience of the Youth to Youth program. The Appalachian Youth to Youth Summer Experience includes fun and hilarious games for getting to know each other, exciting team-building exercises, an enrichment activity to help students explore their interests and passions, and a community service project to be completed by the end of the two days, resulting in a real-world accomplishment for positive change in the community. Snacks are provided on both days. Transportation to and from the YMCA Healthy Living Center is available for those who need it. This program is available free of charge to all participants. Capacity is limited to 20 students. Appalachian Youth to Youth seeks to foster positive youth development through meaningful connections with other youth and adult mentors, enrichment experiences, leadership development, and youth-driven community service projects. Beginning in the fall of 2024, the newest chapter of Appalachian Youth to Youth opens in Mitchell County, meeting weekly after school at the YMCA Healthy Living Center. Students who attend the Appalachian Youth to Youth Summer Experience and wish to continue are invited to enroll in the Youth to Youth 2024/2025 after-school program. To register for the Appalachian Youth to Youth Summer Experience, fill out an online registration form by July 8th: bit.ly/Y2Y-summer-experience

- * **Date:** July 22nd and July 29th from 1-4 pm
- * **Cost:** FREE
- * **Suitable for:** Rising 6th through 8th graders residing in Mitchell County
- * **For more information:** Contact Tara Wright at (828) 338-9937, email tara@pathwnc.org or visit appyouth2youth.org.

SPORTS CAMPS & FITNESS CLASSES

REFIT®

Visit refitrev.com/instructors/morgan-flanagan to see the current schedule. Join the "REFIT® with Morgan" Facebook group or follow Morgan on Instagram [@refit_with_morgan](https://www.instagram.com/refit_with_morgan) for class reminders and updates. For more information contact Morgan Flanagan at (757) 472-1657 or of.the.sea@msn.com.

BULADEAN COMMUNITY CENTER

REFIT® is a fitness experience that combines cardio, dance, toning, balance, and flexibility moves with positive music for a workout that feels like a party! Each class ends with "heartwork," a time for participants to receive extra encouragement, engage in self-reflection, and get to know one another. This class meets in the gymnasium, and RSVPs are required. There are also classes in Burnsville and Spruce Pine.

- * **Dates:** Tuesdays from 9-10 am
- * **Cost:** Donation-based
- * **Suitable for:** All ages

HIGGINS METHODIST CHURCH

REFIT® at Higgins Methodist Church is a fitness experience that combines powerful moves with faith-based music so you can worship while you work out. Each class ends with fellowship and devotional time. Class meets in the Family Life Center. Please RSVP if you want to attend. Check "REFIT® with Morgan" Facebook group to confirm if class is happening.

- * **Dates:** Tuesdays from 11 am-12 pm from June-September
- * **Cost:** FREE (donations welcome)
- * **Suitable for:** All ages

LADY COUGAR BASKETBALL CAMP

MOUNTAIN HERITAGE WOMEN BASKETBALL TEAM

Girls will be taught the fundamentals and skills needed to play basketball. Wear tennis shoes. Concessions will be available.

- * **Dates:** June 17th-19th, 8:30 am-12 pm
- * **Cost:** \$50 per girls, or \$75 for 2 siblings
- * **Suitable for:** 1st-8th grade

- * **For More Information:** Contact Coach Susie Shelton at (828) 779-5748 or shshelton@yanceync.net.

VOLLEYBALL CAMP

BLUE RIDGE ELEMENTARY SCHOOL

- * **Dates:** June 18th-20th, 4-5:30 pm
- * **Cost:** \$30
- * **Suitable for:** Rising 3rd-5th graders
- * **For more info:** Contact Principal Rebecca Fox at (828) 682-2202 or rfox@yanceync.net.

SUMMER VOLLEYBALL WORK OUTS

BLUE RIDGE ELEMENTARY SCHOOL

- * **Dates:** June 5th at 3:15 pm, June 11th at 3:15 pm, June 25th at 4 pm, July 11th at 3:15 pm, July 18th at 3:15 pm, July 22nd-25th at 3:15 pm, July 29th-30th at 3:15 pm, July 31st Tryouts
- * **Suitable for:** Rising 6th, 7th, and 8th graders
- * **For more info:** Contact Principal Rebecca Fox at (828) 682-2202 or rfox@yanceync.net.

TOE RIVER RACQUETEERS TENNIS CAMP

PARTNERS ALIGNED TOWARD HEALTH

The 2024 Toe River Racqueteers Tennis Camp will be held July 15th-18th on the tennis courts at Mountain Heritage High School. Racquets will be provided to children who do not have one. Please to arrive at the courts 15 minutes before the scheduled camp time and bring water, sunscreen, tennis shoes or other appropriate close-toed shoes, and a hat if needed. Age groups and camp times are subject to change based on registration numbers. Register online at bit.ly/2024TRRtennis.

- * **Dates:** July 15th-18th, Rising K-2nd graders 9-10 am, rising 3rd-5th graders 10:15-11:15 am, rising 6th graders & up 11:30 am-12:30
- * **Cost:** FREE
- * **Suitable for:** Rising Kindergarteners & up
- * **For more info:** Contact Elizabeth Stephens at (828) 682-7899 or elizabeth@pathwnc.org

INTRODUCTION TO PICKLEBALL

PARTNERS ALIGNED TOWARD HEALTH

Join us on the tennis courts at Mountain Heritage High for an Introduction to Pickleball! Racquets will be provided to children who do not have one. Please plan to arrive at the courts 15 minutes before the scheduled camp time and bring water, sunscreen, tennis shoes or other appropriate close-toed shoes, and a hat if needed. Age groups and camp times are subject to change based on registration numbers. Register online at bit.ly/2024TRRpickleball.

- * **Dates:** July 29th to August 1st, Rising K-2nd graders 9-10 am, rising 3rd-5th graders 10:15-11:15 am, rising 6th graders & up 11:30 am-12:30
- * **Cost:** FREE
- * **Suitable for:** Rising Kindergarteners & up
- * **For more info:** Contact Elizabeth Stephens at (828) 682-7899 or elizabeth@pathwnc.org

MITCHELL YOUTH WRESTLING CAMP

MITCHELL WRESTLING

Wrestling camp is a fun, exciting activity for boys and girls of All ages. It's a great way to try the only combat sport offered through the school system. Campers will learn basic skills as well as try their hand at live wrestling and other wrestling related games and activities. No experience is required to participate. The camp will take place at the Mitchell High School Gym. This camp is set to run concurrent dates with Mitchell Football Youth Camp, which is in the afternoon. Athletes may attend wrestling camp in the morning and go directly to football camp in the afternoon, making for a perfect full day of camp activities.

- * **Dates:** May 28th-30th, 9 am-12 pm
- * **Cost:** \$20 per wrestler
- * **Suitable for:** Rising K-12th graders
- * **For more info:** Contact Coach Ed Duncan at eduncan@mshlive.net or call (424) 262-8729

VACATION BIBLE SCHOOL

O TASTE AND SEE (THAT THE LORD IS GOOD)

BLUE ROCK BAPTIST CHURCH

Dive into delicious adventures, make new friends, and discover the sweetness of God's word at our Candy Land-themed VBS! Supper served at 6pm each night.

- * **Dates:** June 16th-20th, 6:30-8:30 pm
- * **Cost:** FREE
- * **Suitable for:** Ages 2 to 18
- * **For more info:** Contact Niki Maness at nikitmamaness@gmail.com or call (828) 226-4154.

BREAKER ROCK BEACH VACATION BIBLE SCHOOL AT WEST BURNSVILLE BAPTIST CHURCH

We are excited for a fun adventure this summer at Breaker Rock Beach Vacation Bible School at West Burnsville Baptist Church. Friday will be our Family Night Celebration. We can't wait to see you and learn how God's truth never changes! Come join us for VBS! You can register at kideventpro.lifeway.com/myEvent/?id=68912.

- * **Dates:** June 2nd-7th, 5:30-8:30 pm
- * **Cost:** FREE
- * **Suitable for:** All ages
- * **For more info:** Contact Shannon Raines at (828) 682-3990 or email shannonhr@msn.com.

WEST BURNSVILLE BAPTIST CHURCH

TEAMKID

TeamKID is for children ages 3 years-5th grade. We eat dinner, sing, learn about missions, the Bible, and play games! We'd love for you to join us this summer as we learn more about God's faithful promises and Jesus' love for us! Come have fun learning about Jesus!

- * **Dates:** Wednesdays, starts with dinner at 5:45-7:45 pm
- * **Cost:** FREE
- * **Suitable for:** Ages 3 years-5th grade

* **For more info:** Contact Shannon Raines at (828) 682-3990 or shannonhr@msn.com. You can also register at kideventpro.lifeway.com/myEvent/?id=68912

STELLAR VBS AT MINE CREEK BAPTIST CHURCH, BAKERSVILLE

On the evening of Friday the 26th there will be a cookout and celebration with blow-ups, fun games, and commencement starting at 5:30.

* **Dates:** July 21st-26th, 5:30 pm dinner, 6:40-8:30 pm Bible study and activities

* **For more info:** Contact Renee Johnson reneeabc@gmail.com or visit Facebook: facebook.com/profile.php?id=100064711687815

MT. CARMEL BAPTIST CHURCH VBS IN SPRUCE PINE

* **Dates:** June 17th-21st, 6-8:30 pm, with supper provided each night

* **Cost:** FREE

* **Suitable for:** All ages including an adult class

For more info: Contact Kara Woody at kwoody@mhslive.net.

RECREATION

CAMPGROUNDS

SPACIOUS SKIES BEAR DEN

600 Bear Den Mountain Road
Spruce Pine, NC 28777

spaciousskiescampgrounds.com or (828) 765-2888

BLACK MOUNTAIN/BRIAR BOTTOM CAMPGROUND

50 Black Mountain Campground Road
Burnsville, NC 28714

gofindoutdoors.org/black-mountain-briar-bottom or (828) 675-5616

CAROLINA HEMLOCKS RECREATION AREA & CAMPGROUND

8516 Hwy. 80 South
Burnsville, NC 28714

gofindoutdoors.org/carolina-hemlocks or (828) 675-5509

CRABTREE FALLS CAMPGROUND

Milepost 339.5, Blue Ridge Parkway

recreation.gov/camping/campgrounds/258667 or (828) 675-5444

LIL ROCK CREEK CAMPGROUND

Green Creek Rd.

Bakersville, NC 28705

facebook.com/rockcreekcampground or (828) 688-1047

LIVING WATER CAMPGROUND

218 Trout Pond Lane

Bakersville, NC 28705

facebook.com/livingwatersbakersville or (828) 688-2000

MOUNT MITCHELL STATE PARK

2388 State Highway 128

Burnsville, NC 28714

ncparks.gov/mount-mitchell-state-park or (828) 867-4000

RUSTY'S ROOST MOUNTAIN RENTALS

4904 Whitson Branch Rd

Green Mountain, NC 28740

rustyroostnc.com or (910) 722-6888

SPRINGMAID MOUNTAIN

2171 Henredon Rd

Spruce Pine, NC 28777

springmaidmountain.com or (828) 765-2353

TOE RIVER CAMPGROUND & PATIENCE PARK

225 Patience Park Rd

Burnsville, NC 28714

toerivercampground.com or (828) 675-5104

GEM MINING

EMERALD VILLAGE

331 McKinney Mine Road

Spruce Pine, NC 28777

emeraldvillage.com or (828) 765-6463

GEM MOUNTAIN

13780 Highway 226 South

Spruce Pine, NC 28777

gemmaountain.com or (888) 765-6130

RIO DOCE

14622 Hwy 226 S

Spruce Pine, NC 28777

riodoce.com or (828) 765-2099

GOLF

GRASSY CREEK GOLF & COUNTRY CLUB

2360 Swiss Pine Lake Drive
Spruce Pine, NC 28777
grassycreek.com or (828) 765-7436

MOUNT MITCHELL GOLF CLUB

11484 State Highway 80 South
Burnsville, NC 28714
mountmitchellgolf.com or (828) 675-5454

VIC'S PLACE MINI-GOLF

67 Meadow View Rd.
Spruce Pine, NC 28777
vicsminigolf.com or vicsminigolf@gmail.com

GUIDED FISHING

BURNSVILLE ANGLERS

burnsvilleanglers.com or (828) 691-1506
Email: burnsvilleanglers@gmail.com

SOUTHERN DRIFTERS OUTFITTERS

101 Town Square
Burnsville, NC 28714
southerndriftersoutfitters.com or (828) 678-1511

HORSEBACK RIDING

BLUE RIDGE HORSE ADVENTURES

Offering individual riding lessons, horse care lessons, trail riding and interactive adventures.
(828) 460-2165 or visit blueridgehorseadventures.com

SPRINGMAID MOUNTAIN

2171 Henredon Rd

Spruce Pine, NC 28777

springmaidmountain.com or (828) 765-2353

PARKS & POOLS

MITCHELL COUNTY

Riverside Park

305 Tappan St., Spruce Pine

Bakersville Creekwalk

N. Mitchell Ave., Bakersville

Brad Ragan Park & Pool

293 Laurel Creek Ct., Spruce Pine

YANCEY COUNTY

Old Burnsville Gym

School Circle, Burnsville

Kid Mountain Playground

School Circle, Burnsville

Cane River Park

258 Whittington Rd, Burnsville

Ray–Cort Recreation Park and Pool

314 Mitchell Branch Road, Burnsville

Patience Park and Pool

225 Patience Park Road, Burnsville

Lincoln Park Field

Lincoln Park Road, Burnsville

RAFTING/TUBING

LOAFERS GLORY RAFTING & TUBING

2637 Highway 226 North

Bakersville, NC 28705

loafersgloryrafting.com or (828) 688-9290

NC OUTDOOR ADVENTURES

1173 Whitson Branch Road

Bakersville NC 28705

ncoutdooradventures.org or (828) 260-4505

OTHER RECREATION

NC HIGH PEAKS HIKES

Hike information available at facebook.com/nchighpeaks and nchighpeaks.org or call (828) 284-6878

SNAKEROOT ECOTOURS

We are based in Celo, NC in the shadow of the Black Mountains, the tallest range in eastern North America. Here in the heart of the Southern Appalachians, our forests are among the most diverse temperate forests in the world. The hills are carpeted with over 1500 native flowering plant species. The pristine mountain creeks and leaf litter are home to more species of salamanders than any location on Earth. Join us for a five-star guided tour of life in the Appalachian woods.

snakerootecotours.com or (828) 675-8218

NC OUTDOOR ADVENTURES

Based out of the Blue Ridge mountains in Western North Carolina, NC Outdoor Adventures offers over 21 different trips including; tubing, rafting, climbing, rappelling, waterfall rappelling, hiking, camping, youth programs, and wild edible plant walkabouts. Offering a 10% discount to local residents.

1173 Whitson Branch Rd

Bakersville, NC 28705

ncoutdooradventures.org or (828) 260-4505

ATTRACTIONS

RIVERSIDE STORY TRAIL

Walk along the beautiful Riverside Trail with your whole family and enjoy a captivating book that features an audio component in English and Spanish, along with movements to keep a pep in everyone's step. Pack a picnic lunch and have a wonderful day at the park. Riverside Story trail is FREE and open year-round! Located at Riverside Park.

305 Tappan St.

Spruce Pine, NC 28777

BARE DARK SKY OBSERVATORY & EARTH TO SKY PARK

66 Energy Exchange Drive

Burnsville, NC 28714

(828) 766-1277

mayland.edu/foundation/foundation-projects/earth-to-sky-park/

mayland.edu/foundation/foundation-events/earth-to-sky-observatory/

WILLIS OBSERVATORY

1456 Bear Creek Rd.

Bakersville, NC 28705

(704) 604-0556

willisobservatory.com

RIVERSIDE ROLLER RINK

44 Rink Rd.

Burnsville, NC 28714

(828) 678-0724

facebook.com/Riverside-Roller-Rink-111037520248071

YANCEY COUNTY FARMERS MARKET

Wide array of local vendors, including produce, eggs, baked goods, jams and confections, plants, jewelry, honey, meats, tinctures, mushrooms, flowers, knife sharpening, candles, crafts and much more. The Yancey County Farmers Market now accepts EBT payments. Open every Saturday, April 13 through September, 8:30 am-12:30 pm. October to mid-November 9 am-12:30 pm. Rain or shine!

Burnsville, NC 28714

yanceycountyfarmersmarket.com [or facebook.com/yanceymarket](https://www.facebook.com/yanceymarket)

THE THICKETS MOUNTAIN BIKE PUMP TRACK AT BRAD RAGAN PARK

A pump track is an endless loop of rollers and berms where bicycle riders propel themselves through the track by shifting their body weight or “pumping” in conjunction with the track contours, rather than having to pedal. It is used for recreational and skills development in addition to being a great community gathering place for off-road bicycle riders to play.

Brad Ragan Park

293 Laurel Creek Ct.

Spruce Pine, NC 28777

THE ORCHARD AT ALTAPASS

1025 Orchard Road,

Spruce Pine, NC 28777

altapassorchard.org or (828) 765-9531

FUN FROLIC FARM

Looking for something to do on your visit to the NC Mountains? Come see our goats, gardens and get to know a little more about Homesteading and Appalachian life ways! We offer a variety of learning experiences, you can see any available Workshops on our Classes page; topics covering Hide Tanning, Cheese Making and Animal Husbandry. Farm Tours are available by appointment and will take you on detailed a walking tour of our grounds, the gardens, wild, edible and medicinal plants, soap studio, goat barn, chickens and pigs if they're here. Check out currently available dates at funfrolicfarm.com. If you don't see a date that works, feel free to contact us to request a date!

(770) 893-1616 or funfrolicfarm.com

BURNSVILLE HISTORY & HUMOR WALKING TOUR

The History & Humor guided walking tour is an entertaining tour of the friendly, unique, and charming small town of Burnsville, NC. It is largely based on the memories and amusing stories of old-timers whose families

have been here since the 1700s. We'll visit a time when the "horse and wagon streets" were deep mud and ruts, when the only water source was a well on town square, and when even public buildings had no bathrooms. Adding to the interest, are photos of the town in the early 1900s, and old buildings no longer there.

burnsvilletourco.com, burnsvilletourco@gmail.com, or (828) 208-0287

DELLINGER GRIST MILL

Dellinger Grist Mill on Cane Creek was established by Reuben Dellinger in 1867. It has the distinction of being the last water powered/stone ground grist mill of its kind left in the state of North Carolina. See how mountain grown corn is ground into cornmeal, grits, and polenta using the same waterwheel, granite/quartz millstones, and using the same time-honored techniques from long ago.

4020 Cane Creek Rd.

Bakersville, NC 28705

dellingermill.com

MOUNT MITCHELL STATE PARK

One of those places that stand apart from the ordinary, Mount Mitchell's dramatic summit is the highest point east of the Mississippi at 6,684 feet and was the inspiration for one of the nation's first state parks. From its easily accessible observation deck, the spruce-fir forest of Mount Mitchell State Park leads the eye to unmatched views. A museum explains the mountain's cultural and natural history, and its trail network allows visitors to explore up close, offering short hikes near the summit and challenging treks leading to adjacent wilderness areas. A nine-site tent campground is open in warm-weather months, and backpacking opportunities abound, including entry onto the Mountains-to-Sea State Trail. A concession area and a full-service restaurant serve visitors from May to October.

2388 State Highway 128

Burnsville, NC 28714

(828) 675-4611

ncparks.gov/mount-mitchell-state-park

MUSEUM OF NORTH CAROLINA MINERALS

The mountains near Spruce Pine, North Carolina are among the richest in minerals and gems in the United States. More than 300 varieties are showcased in the Museum of North Carolina Minerals, located on the Blue Ridge Parkway. The Museum of North Carolina Minerals features interactive displays about the minerals and gems found in the region as well as the historical importance of the mining industry to the local economy. A gift shop featuring souvenirs and books on Western North Carolina is located in the museum.

214 Parkway Maintenance Rd

Spruce Pine, NC 28777

(828) 765-2761

blueridgeheritage.com/destinations/museum-of-north-carolina-minerals

ROAN MOUNTAIN

This high ridge along the North Carolina-Tennessee state line, in Pisgah National Forest, stands 6,285 feet at the highest point. Roan Mountain is most famous for being the largest naturally growing gardens of Catawba rhododendrons in the world. Beyond the gardens are spruce-fir forests and treeless grassy balds. The area is perfect for picnicking, hiking and nature study. The Appalachian Trail travels through the ridgeline of the mountain and hikers enjoy hiking to the bluff in the rhododendron gardens for an incredible mountain view.

NC Highway 261

Bakersville, NC 28705

visitnc.com/listing/iTzC/roan-mountain

RESOURCES

MAYLAND COMMUNITY COLLEGE

Take 2024 Summer Camps for free. Summer Camp Scholarships are offered through GEAR Up. Who's Eligible? Yancey County Students rising 7th, 8th, 9th & 10th graders. Call (828) 766-1375 or (828) 766-1370 for more information.

AMY LIBRARY BOOKMOBILE

Want the Library to come to you? We provide Bookmobile services to residents of Avery, Mitchell and Yancey counties who reside more than 5 miles from their local branch. Give us a call at (828) 682-4476 to schedule a once a month stop at your home. Alternatively, visit us at one of our community stops this summer. Also, keep an eye out for the bookmobile at PATH's Summer Sizzlin' events on Saturdays this summer. Do you need internet access? The Bookmobile is now a Wi-Fi hotspot offering free internet. Go to amyregionallibrary.org to view the bookmobile schedule.

THE CENTER FOR RURAL HEALTH INNOVATION

- * **Cost:** All insurance accepted, sliding fee scale for uninsured.
- * **Suitable for:** Ages 3 and up
- * **For more info:** Call (828) 385-4303 or email appts@crhi.org for info and appointment. Visit crhi.org/health-e-neighbors for more information.

BULADEAN COMMUNITY HEALTH CLINIC

Walk-in healthcare for minor illness or injury and sports physicals. New patients welcome, as well as visitors to the area. It's in the Buladean Community Foundation building, 12190 NC-226, Bakersville, NC. Located next door to Dollar General, in the old school. Visit facebook.com/buladeancommunityclinic/ for more information.

- * **Dates:** Open Monday, Tuesday, Thursday, & Friday from 8:30am-1:30pm

TIPTON HILL COMMUNITY HEALTH CLINIC

Located at 4326 NC 197, Green Mountain, NC 28740. For more information contact CHRI (828) 385-4303, email appts@chri.org or visit facebook.com/Tiptonhillclinic

- * **Dates:** Open Monday, Wednesday, Friday from 8:30 am-1:30 pm

GRANDPARENTS RAISING GRANDCHILDREN & POWERFUL TOOLS FOR CAREGIVERS

HIGH COUNTRY AREA AGENCY ON AGING

For additional information on the High Country Area Agency on Aging's Grandparents Raising Grandchildren or Powerful Tools for Caregivers program, contact Myles Stacey at (828) 265-5434 x113 or mstacey@hccog.org.

The **Grandparents Raising Grandchildren** program is designed to offer support to grandparents and other older adult relatives who are raising children or adults with developmental disabilities. Through the Grandparents Raising Grandchildren program, we are hopeful that our communities can continue to work together to help older adult caregivers (55+) in the High Country. The High Country Area Agency on Aging understands that there is not a one-size-fits-all approach for grand families, and provides flexibility to support diversity of needs. Summer is around the corner, so now is the time to start thinking about how the Grandparents Raising Grandchildren program can help your family this summer! Visit highcountryaging.org/services/grandparents-raising-grandchildren for more information.

Powerful Tools for Caregivers is a guided weekly course for caregivers for them to learn skills and tools to reduce stress, care for their loved ones better, and practice self-care. This course offering is for caregivers of children with special health or behavioral needs. The class is open to any caregivers (grandparents, parents, relatives, friends, etc.) who are caring for a minor child that has any sort of special need. The class is open for anyone who lives in our seven counties of service: Alleghany, Ashe, Avery, Mitchell, Watauga, Wilkes or Yancey Counties. The class is completely free and the only requirement is access to a computer with a microphone and camera. Powerful Tools for Caregivers is a six-week long class, with one extra week added in the beginning for introductions. The course will begin in mid-September. Visit powerfultoolsforcaregivers.org for more information.

MITCHELL COUNTY TRANSPORTATION

Public Transportation for All ages and incomes. Transportation to day camps, human service agencies, group outings in county or out. Call (828) 688-4715 for rates or to schedule a ride. Office hours are Monday-Friday 7:30 am to 4:30 pm.

YANCEY COUNTY TRANSPORTATION

Public Transportation for all ages and incomes. Transportation to day camps, human service agencies, group outings in county or out. Some passengers may qualify to ride at a reduced rate through a governmental agency. For more information, call (828) 682-6144. Office hours are Monday – Friday, 7:30 am to 4:30 pm.



Don't let
anyone
take
what's
yours.



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Your Responsibility

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lockyourmeds.org/nc



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**
Division of Mental Health,
Developmental Disabilities
and Substance Abuse Services

Supported by the N.C. Department of Health and Human Services, Division of Mental Health, Developmental Disabilities and Substance Abuse Services, with funding from the Substance Abuse and Mental Health Services Administration, Opioid STR/Cures (Grant #1H79T080257) and SPF-RX (Grant #1U795P022087).

Free medication lockboxes are available
thanks to the Mitchell Yancey
Substance Abuse Task Force.

Request your free lockbox by contacting info@pathwnc.org.





Bakersville

86 N Mitchell Ave
Bakersville, NC 28705
828-688-2104

Spruce Pine

11728 South 226 Hwy
Spruce Pine, NC 28777
828-766-7778

NEW LOCATION

Micaville

621 Micaville Loop, STE 600
Burnsville, NC 28714
828-675-0001

Celo

116 Seven Mile Ridge Rd
Burnsville, NC 28714
828-675-4116

Burnsville

71 Blue Ridge Ln
Burnsville, NC 28714
828-682-8588

Dental Center

89 N Mitchell Ave
Bakersville, NC 28705
828-537-5991

Care for the whole family.

At MCHP, we offer a wide variety of health care services to meet the needs of our community, with five medical locations and a dental center. We have a dedicated and compassionate team who focus on caring for the whole patient. We bring care and wellness to more than 10,000 patients annually and have been committed to community-based rural health care since 1947.

Services Include:

- Primary Care (All Ages)
- Behavioral Health (All Ages)
- Dental Care
- Physical Therapy
- OB/GYN
- Substance Abuse Treatment
- Preventative Health
- Sliding Fee Discount Program
- Nutritional Counseling
- and more!

We accept most commercial insurance, Medicare, Medicaid, and have a sliding fee scale for those who are uninsured/underinsured.

For more information, please give any of our offices a call or visit us at www.mchp.care.